



# Resume for Parents

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## **Responsibilities of Parenting:**

Daily physical care of the child. This care may change at various stages. At all stages this care will include providing:

- Well-balanced, nutritional meals and assurance that the child eats sufficiently to meet his/her growth needs
- Clothing and footwear appropriate for the season and occasion
- Shelter that is safe and comfortable
- Medical care – preventive with annual check-ups and immunizations; being responsive when the child is sick
- Assurance that the child is receiving sufficient sleep to remain healthy and responsive
- Toileting issues in infancy and toddlerhood – frequent, responsive diapering until the child is toilet trained, and assistance and support until toilet training is mastered
- Nurturing responsibilities, which include encouragement, comforting, consistency, establishment of a sense of security, dependability, playing, counseling, and loving
- Discipline issues, which include understanding and setting appropriate limits for age, consistency of expectations and responses, self-management of anger, being a good example
- Education issues, which include providing a traditional education through a school or in the home. Non-academic education includes teaching independent life skills (dressing, hygiene, decision making, social skills, physical fitness and sports, manners, and responsibility) that are appropriate at each age
- Moral guidance, which includes instilling in the child a sense of hope and well-being
- Other responsibilities, which include being chauffeur, social director, scheduler, advocate, and manager

## **Time Requirements of Parenting:**

- 24 hours a day, seven days a week, until the child can make it on his/her own
- No vacation or sick time
- Time off only when a suitable substitute has been found

**Qualifications of Parenting:**

- Sense of humor
- High self-esteem
- Selflessness
- Emotional maturity
- Financial security
- Dependable support system
- Energetic
- Trust in judgment
- General understanding of the needs of children
- Diplomatic
- Consistent
- Dependable
- Loving
- Able to make an 18+ year commitment

**Benefits of Parenting:**

- Unconditional love of a child
- The knowledge that you are guiding a child to become a healthy, happy, productive member of society

**Compensation of Parenting:**

- Love
- Satisfaction of a job well done